

ARE YOU THIRSTY FOR ADVENTURE?

DO YOU NEED A SPLASH OF FREEDOM
& A SHOT OF INSPIRATION?

Well, get ready to jump into pure refreshment at
DAMN THIRSTY ADVENTURE CAMP
on the beautiful Central Coast of California!



DAMN THIRSTY ADVENTURE CAMP kicks off
at NORTH STAR RANCH with KOELLE SIMPSON
and a few magical horses.

Then we pile on some bold coaching, hiking, beach yoga and a labyrinth.
We add a healthy dose of wine, dolphins and irreverent laughter --
to bring you an intimate & **AMPED-UP CAMP!**

This damn camp is all about trying new things. If you're feeling stuck
and want to learn how to make kickass things happen in your life,
check out [the camp program](#).



DAMN THIRSTY ADVENTURE CAMP

September 12-15, 2013

Cayucos, California

We will come ready to COACH, help CLEAR the obstacles
holding you back...and unleash your SUPERPOWERS!

We have pulled together our favorite tools and
adventures so you can lead your life with authenticity,
clarity and confidence.

C'mon, you know you want to --

CAMP PROGRAM

Thursday, September 12

Travel to San Luis Obispo, CA
(known as SLO for its laidback vibe)
...and head to the beach!

5:00p – 6:30p Happy Hour
Damn Thirsty Beach House, Cayucos

We will rendezvous oceanfront for socializing and sundowners, light bites and lounging.



Friday, September 13

9:30a – 5:00p Equus Coaching Workshop led by Master Coach Koelle Simpson
at North Star Ranch (lunch and snacks included)



Equus coaching is an experiential, mind/body/spirit form of learning that helps you to increase self-awareness, move past roadblocks and gain powerful tools for change - no matter what you're going through.

Horses intuit our emotional states and respond accordingly. And this is where we learn the most valuable lesson – by changing ourselves, the world around us changes. Once you've experienced true leadership, you can stop talking about what you want to do and start DOING IT.

You'll have the opportunity to discover more about yourself in one day than in months of soul searching through other methods.

No horse experience is needed. You will not be riding; all activities take place on the ground.

6:00p Hosted dinner at [Novo](#) – in the heart of San Luis Obispo. We will relax creekside and enjoy global cuisine and fresh flavors from the Central Coast.

Saturday, September 14

- 8:30a Continental Breakfast at the Damn Thirsty Beach House
9:00a – 2:00p The Lowdown on Flow: Group Coaching (with lunch)
2:00p – 5:00p Labyrinth Walk at Sycamore Springs Garden or hike through the Magical Forest to San Simeon Point

Dinner on your own



Sunday, September 15

- 8:30a Continental Breakfast at the Damn Thirsty Beach House
9:00a – 10:00a Beach Yoga or Beach Walk
10:00a – 12:00p Making Waves: Group Coaching and Wrap-Up
12:00p Camp Closes

**If you're THIRSTY for adventure and ready for some SUMMER LOVIN' -
come CAMP IT UP with us!!**

SEND ME TO CAMP: \$1625

EARLY BIRD SPECIAL: Pay only \$1525 when you register by July 20!

- limited to 12 campers -

THE DETAILS

Rooms are available at [The Shoreline Inn](#), which is located on the beach and approximately 20 minutes from San Luis Obispo Airport (SBP). The group rate is \$140-160 a night. When making a reservation, be sure to mention Adventure Camp.

The Shoreline Inn
1 North Ocean Avenue, Cayucos, CA 93430
(800) 995-3681

Camp cost does not include airfare, hotel or transportation to and from the airport. If you must surrender your camp spot, please do so before August 1 and we will refund 50% of your payment. Refunds will not be given after August 1; however, you may sell your spot to someone else.

For additional hotel options or questions, contact [Susan](#).